



# HEALTH MATTERS

## Patient Health Forum

The North Shore's leading health professionals present on topics to help you live your best life

**SATURDAY OCTOBER 31, 2015 / 10AM - 230PM**

**Tickets \$15.00**

*100% of the proceeds support local patients who are unable to afford needed rehabilitation programs*

### TOPICS OF DISCUSSION

#### Dr. Kevin Mcleod

Internal Medicine Specialist

Osteoporosis & Bone Health; Economics of Chronic Disease

#### Matthew Conway

Clinical Exercise Physiologist

Exercise and Cardio-Metabolic Disease

#### Dr. Naveen Sandhu

Internal Medicine Specialist

Atrial Fibrillation: Regular Irregularities

#### Dr. Jennifer Montis

Internal Medicine Specialist

Diabetes: "It's not all about the sugar!"

#### Dr. Annie Chou

Cardiologist

When Being Female is Disadvantageous: Women and Cardiovascular Disease

#### Matt & Rose Conway

Clinical Exercise Physiologist & Counsellor

Surviving to Thriving: A couples journey through cancer

#### Ling Pai

Clinical Exercise Physiologist

Cardiovascular Exercise and Brain Health

### REGISTRATIONS

[www.liberationfitness.ca/healthmatters](http://www.liberationfitness.ca/healthmatters) or call 604.904.0810 extension 4

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Forum located at the Pinnacle Hotel  
138 Victory Ship Way  
North Vancouver

