



HEALTH MATTERS

Patient Health Forum

The North Shore's leading health professionals present on topics to help you live your best life

Schedule

Time Pinnacle Ballroom

10:00am-10:15am	Introduction
10:15am-11:00am	Dr. Kevin McLeod Economics of Chronic Disease
11:00am-11:45am	Ling Pai Cardiovascular Exercise and Brain Health
11:45am-12:45pm	Lunch
12:45pm-1:30pm	Dr. Montis Diabetes: "It's not all about the sugar!"
1:30pm-2:15pm	Dr. McLeod Osteoporosis and Bone Health
2:15pm-2:30pm	Closing Remarks

Time Pier Salon

10:00am-10:15am	Introduction
10:15am-11:00am	Dr. Chou When Being Female is Disadvantageous: Women & Cardiovascular Disease
11:00am-11:45am	Matt Conway Exercise & Cardio-Metabolic Diseases
11:45am-12:45pm	Lunch
12:45pm-1:30pm	Dr. Sandhu Atrial Fibrillation: Regular Irregularities
1:30pm-2:15pm	Matt & Rose Conway Surviving to Thriving: A couples journey through cancer
2:15pm-2:30pm	Closing Remarks

REGISTRATIONS

www.liberationfitness.ca/healthmatters or call 604.904.0810 extension 4

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Forum located at the Pinnacle Hotel
138 Victory Ship Way
North Vancouver

